

# Rhabdomyosarcoma Arising within Congenital Cystic Adenomatoid Malformation; a Case Report

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#### Abstract

This case report describes a 30-month-old child with primary pulmonary rhabdomyosarcoma with a congenital cystic adenomatoid malformation (CCAM). In the current literature, primary pulmonary neoplasms have been reported for similar cases. The tumor was located in the anterior-basal segment of the left lower lobe with a thin-walled cystic appearance and lobulated margins. A histology examination showed rhabdomyosarcoma origin with an embryonal subtype. Postoperative systemic chemotherapy was carried out. After a 6-month follow-up, the patient had no residual or recurrent disease.

*Key Words:* Children, Congenital cystic adenomatoid malformation, Primary pulmonary rhabdomyosarcoma.

<u>\* Please cite this article as</u>: Amirikar F, Bilan N, Rezamand A, Jamshidi M, Golchinfar Z. Rhabdomyosarcoma Arising within Congenital Cystic Adenomatoid Malformation; a Case Report. Int J Pediatr 2022; 10 (6):16233-16237. DOI: **10.22038/ijp. 2022.64392.4889** 

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Received date: Mar.14,2022; Accepted date: May.22,2022

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### **1- INTRODUCTION**

Primary pulmonary rhabdomyosarcoma (RMS) is a rare neoplasm among primary pulmonary neoplasms, accounting for only 4.4% of childhood pulmonary neoplasms with a prevalence of 0.5% in the world (1). This is a very rare condition and is usually reported as isolated case reports. RMS is the most common soft tissue sarcoma in childhood that its location in the lung is very unusual (2). This tumor is of obscure etiology but has been correlated with congenital pulmonary malformations (3). We report a case of rhabdomyosarcoma congenital arising within cystic adenomatoid malformation in a 2-year-old child.

### 2- CASE PRESENTATION

This case is a 30-month-old child resulting from a twin and term pregnancy. In the perinatal ultrasound evaluation, the probability of a diaphragmatic hernia had been reported for this fetus. The infant was discharged with normal Apgar after birth, and the other twin had a normal clinical examination.

In a 6-month follow-up, lung X-ray and CT scan showed that CPAM was diagnosed for the child according to the cystic appearance (**Fig. 1**). According to the diagnosis, the surgery plan was intended for the patient. Yet, the parent's refusal for surgical operation led to self-satisfy discharge of the patient.

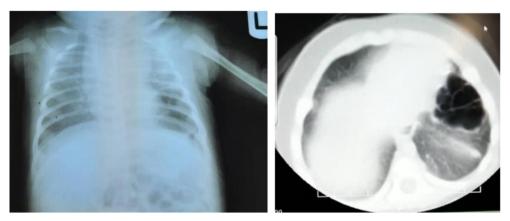


Fig. 1: Chest x-ray and CT scan of the patient in the 6-month follow-up after birth

Then, the patient was admitted to our center with symptoms of fever and cough. The lung's chest X-ray and CT scan showed a possible pleural effusion pattern (**Fig. 2**). In CT Scan images, there was a thin-walled cystic lesion with lobulated margins in the anterior-basal segment of the left lower lobe,based on which CPAM type IV or could be diagnosed. Also, large multicyclic mass with enhancing septae and some enhanced solid nodules was seen, occupying the left hemithorax, partially sparing the lung apex that causes contra-lateral midline shifting with no bony destruction.

So, for further evaluation and treatment, the child was hospitalized. The patient had no clinical symptoms until one week before admission and had no history of hospitalization.

Because of the aggravation of respiratory distress, the patient was admitted to the PICU. The mass was excised because of the relationship between CCAM and Blastoma Pleuropulmonary, especially type IV of CCAM. But, because of the solid component of the tissue, the response rate to treatment was significantly lower. Also, in a pathology study conducted on tissue excised (**Fig. 3**), rhabdomyosarcoma was diagnosed, which is one of the rare cases within CPAM. In immunohistochemistry evaluations, we observed positive markers of Vimentin, Desmin and MYOD that were in favor of rhabdomyosarcoma diagnosis. Postoperative systemic chemotherapy was carried out. After a 6-month follow-up, the patient had not any residual or recurrent disease.

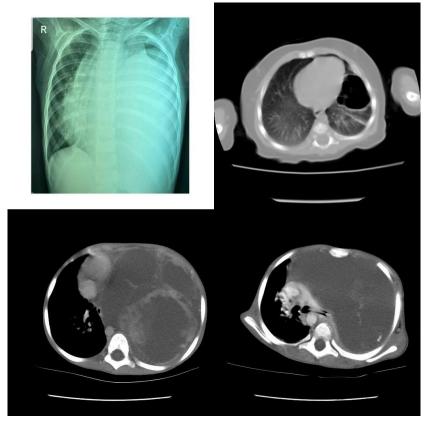


Fig. 2: Chest x-ray and CT scan of the patient in our center

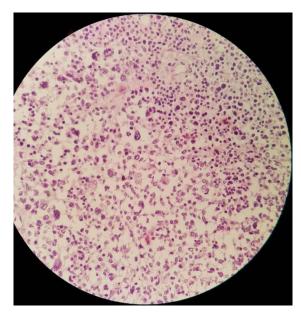


Fig. 3: Pathology evaluation of the mass considering rhabdomyosarcoma

## **3- DISCUSSION**

Rhabdomyosarcoma in childhood is the most common soft tissue sarcoma and commonly occurs in the head, neck, head, urogenital and organs. Nevertheless, primary pulmonary neoplasms are unusual in the pediatric age groups; so, RMS of lung tissue is one of the rarest ones. As mentioned, it accounts for only 0.5% of childhood RMS (3). Moreover, this tumor is a primitive mesenchymal tumor with skeletal differentiation and poor prognosis in children (4). As we know from recent evidence, RMS is strongly associated with CCAM, but some authors reported that it might also occur in healthy children. By the way, the etiology of primary pulmonary RMS is still unknown.

We have two main hypotheses for its origin: First, considering the common association of RMS with pulmonary malformations such as cystic adenomatosis reported in previous studies, it might have been originated from heterotopic islets of striated muscle, and second, in the absence of congenital abnormalities, it might have been developed from metaplastic changes in uncommitted mesenchymal cells (5).

Lung neoplasms can usually present as a cough, respiratory distress, hemoptysis, chest pain, and/or recurrent pneumonitis; and we can expect the same symptoms for RMS (1). Our patient also had fever and cough symptoms. Spontaneous pneumothorax has been reported in RMS cases that can grow in the presence of CCAM (6).

The main differential diagnoses in patients condition are lymphoma, with this pleuropulmonary malignant blastoma, peripheral nerve sheath tumors (MPNST), primitive neuroectodermal tumors (PNET)/EWING, and neuroblastoma. In RMS, we cannot see blastema, anaplastic components and epithelial in pleuropulmonary blastoma. In immunohistochemistry evaluations, among

other differential diagnoses, the nuclear positivity for MyoD1 and myogenin is specific for RMS that was positive in our patient.

Hafiz et al. (2021) studied a primary pulmonary alveolar RMS and in their review of literature identified 32 cases reported from 1970 to 2021 with a primary pulmonary RMS in the pediatric age group (7). The first pediatric case of primary RMS was reported by Fallon et al. in a sixyear-old girl in 1970 (6). Our patient is 30 months old, while most of the other reported cases were in an age range of 5 months to 16 years old. However, our case symptoms represent the 33 cases with RMS arising within CCAM from 1970 until now. Among the similar cases, nine of them developed in a background of CCAM, while the others set in a normal lung (7).

## **4- CONCLUSION**

RMS with the primary pulmonary feature is rare in childhood and exhibits aggressive behaviors. Therefore, RMS should be included in any lung mass differential diagnosis with small round blue cell morphology. Moreover, it is necessary to exclude metastatic RMS from other sites with clinical and radiological assessment. In addition to RMS, other differential diagnoses that should be considered for lung mass are lymphoma, pleuropulmonary blastoma, PNET/EWING, neuroblastoma, and MPNST.

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